

# 1st International GVF Symposium 2026

**GVF**

The importance of methyl donors and one carbon metabolism for health and disease throughout the life course

## Day 1, 15.10.2026

**15:00-15:30 Uhr**    **Registration** Location

**15:30-15:40 Uhr**    **Welcome (GVF)**

Prof. Dr. Manfred Eggersdorfer University of Groningen, Netherlands

**15:40-16:20 Uhr**    **Keynote Speaker - Methyl donors**

Prof. Dr. Helene McNulty Ulster University, UK

**16:20-17:00 Uhr**    **Keynote Speaker - Cholin**

Prof. Dr. Rima Obeid Saarland University Hospital, Germany

**17:00-17:30**        **Cholin (not yet confirmed)**

Dr. Therese Karlsson University of Gothenburg, Sweden ????

**17:30- 18:00**        **Cholin (not yet confirmed)**

**xxx**

**ab 19:00 Uhr**        **Dinner** Location

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## Day 2, 16.10.2026

**09:00-9:45**

### **Keynote Speaker - $\omega$ -3-Fatty acids**

Prof. Dr. Philip Calder University of Southampton, UK

**09:45-10:15**

### **$\omega$ -3-Fatty acids**

Prof. Dr. Stine Ulven University of Oslo, Norway

**10:15-10:30**

### **Coffee**

**10:30-11:00**

### **$\omega$ -3-Fatty acids (not yet confirmed)**

Prof. Dr. Jutta Dierkes University Bergen, Norway

**11:00-12:00**

### **Lunch**

**12:00-12:40**

### **Keynote Speaker - Vitamin K2**

Prof. Dr. Allan Linneberg University of Copenhagen, Denmark

**12:40-13:20**

### **Vitamin K2 (not yet confirmed)**

Prof. Leon Schurgers Maastricht University, Netherlands

**13:20-14:20**

### **Vitamin K2 (not yet confirmed)**

Ass Prof. Dr. Hannah Lithgow Newcastle University, UK

Dr. Nicola Bondonno Edith Cowan University, Australia

Dr. Selma Hasific [University of Southern Denmark](#)

**13:20-14:20**

### **Andrey Prantis Linking methylation membranes and metabolism**

xxx